

# Emergency Resilience Newsletter



## COMMUNITY RESILIENCE Autumn/Winter 2018

### Resilience Week 2018

This week is 'Resilience Week'! From the 5<sup>th</sup> to the 9<sup>th</sup> of November, Ready Scotland will be posting advice about how you can **'be informed, be ready and think of others'** on their social media and sharing announcements and events.

**Ready Scotland**  
Preparing for and dealing with emergencies

Image: [www.readyscotland.org](http://www.readyscotland.org)

Follow **@ReadyScotland** on Facebook and Twitter to keep up to date with 'Resilience Week', and for information and advice all year round.

### Are you Ready for Anything?

How ready you and your community to deal with the local impacts of an incident? Take the **['Readiness Quiz'](#)** on Ready Scotland to find out.



Image: [www.readyscotland.org](http://www.readyscotland.org)

No matter what your score, you can take steps to be more prepared:

- Put together an **[emergency kit](#)** with essential items and phone numbers in case you have to leave your home suddenly
- Make sure you are informed about local weather forecast and **[Met Office weather warnings](#)**
- Make sure you are aware of the risks facing your community by looking at **[Fife's Community Risk Register](#)**
- Think about developing a **[family](#)** or **[community](#)** emergency plan. Use the contact details below to get in touch for additional advice or support

### Travel Safe in Winter

The weather is definitely getting colder and winter is well on its way! Make sure you don't get caught out when travelling this winter:

- Keep an **[emergency kit in your car](#)** in case you get stuck
- Find out where gritters have been in your local area at **[Traffic Scotland's Gritter Tracker](#)**
- Check ahead at **[Traffic Scotland](#)** for any disruptions and estimated travel times
- Keep up to date with any **[disruptions to Scotrail trains](#)**

### Get In Touch

If your community group are interested in considering community emergency planning and/or similar arrangements, or if you have any questions, get in touch with me, Emma Palmer, on 03451 555555 ext. 442373 or at **[emma.palmer@fife.gov.uk](mailto:emma.palmer@fife.gov.uk)**.

If you know of any other groups who may be interested in information on community resilience, please share this newsletter with them.

*Have a great and safe festive season!*