

The Adult Protection Phone Line is available on 01383 602200 if you or someone you know is at risk of harm or neglect. In an emergency or if you are in danger call 999. All Adult Protection information is online at: www.fife.gov.uk/adultprotection If you have concerns about a child, please call 03451 551503.

National information on adult protection during COVID-19 can be found on the [National APC Co-ordinator's website](#). The [Keeping Connected Fife leaflet](#) and the [Staying Safe and Keeping Well leaflet](#) give useful websites and information on support phonedines.



TRUST YOUR INSTINCT. MAKE A DIFFERENCE. NSPCC are temporarily making a free version of the ['It's Your Call' online course](#) available to support delivery drivers and other workers who visit people's homes during this challenging time. It only takes 15 minutes to complete and is a valuable reminder that adult and child protection is everyone's business. The charity already provides Deliveroo riders with free training to help them recognise abuse and neglect, with riders promoting the NSPCC 0808 800 5000 Helpline number on their delivery bags.

If you see something that gives you cause for concern, call the Adult Protection Phone Line on 01383 602200 or call 999 if it is an emergency.



ACCESSIBLE INFORMATION A reminder that the Adult Support and Protection Committee have a wide range of easy read information at: www.fife.gov.uk/adultprotectioneasyread We have also been working with the Deaf Communication Service on British Sign Language introductions to all our easy reads and you can find these [here](#). Deaf Action have launched a BSL Health and Wellbeing Service called 'Here For You'. The support will be delivered by video call and advice is from a BSL counsellor. SMS: 07816 938 167 or email: wellbeing@deafaction.org

FINANCIAL HARM



Fife Council Trading Standards are encouraging Fifers to register as a Friend Against Scams at www.friendsagainstscams.org.uk and completing a 20 minute e-learning. It will raise your awareness on how to spot a scam and assist you in supporting other people who may be susceptible to them.



For general advice on scams you can contact Advice Direct Scotland on 0808 164 6000 or at www.consumeradvice.scot If you believe you have fallen victim to a scam you should contact Police Scotland as quickly as possible by calling 101. [Trading Standards Scotland](#) are advising on a recent spate of [Amazon scams](#) and Police Scotland's [Shut Out Scammers](#) campaign gives advice.



Action Fraud gives the [latest fraud news](#) including the [main covid scams to be on alert for](#). National Trading Standards Scams Team provides [various press releases on scams](#). Sign up for their Scam Alert newsletter [here](#).

GENDER BASED VIOLENCE

If you, or someone you know, is experiencing domestic abuse help is available call Scotland's Domestic Abuse Helpline: 0800 027 1234 or visit Safer.Scot. Domestic abuse is a crime. Call 101 to report it or 999 in an emergency.



Public Health Scotland, SafeLives and partners have published easy read posters to highlight the risks of Gender-based Violence during the Covid-19 pandemic. Five posters are available in A4 size and feature: Domestic abuse; Keeping Safe; Sexual abuse; Sexual exploitation and Grooming. The posters direct people to where they can get support and are on the [SCLD Google Drive](#). Order free posters at: kevin.campbell1@nhs.net



People First
(Scotland)

DOMESTIC ABUSE INFORMATION People First and Scottish Government have recently published easy read guides on 'What is domestic abuse?' and 'What is coercive controlling behaviour?' These are available on the [Safer Scotland website](#) where you can also find further information on where to get support. Gender-based Violence and Learning Disability Guidance for Practitioners can also be found on the [Public Health Scotland website](#).

The Social Care Institute for Excellence has a [quick guide to provide practical ideas](#) for social care professionals about the impact of domestic violence and abuse as lockdown eases.



Fife Adult Support and Protection Committee easy read information is available at: www.fife.gov.uk/adultprotectioneasyread including Domestic Abuse which was created with Fife Violence Against Women Partnership (FVAWP). While FVAWP training is suspended they have created a document (attached) giving details of e-learning.



The Scottish Government have published [further guidance on domestic abuse](#) support to highlight that advice or rules on staying safe to protect yourself and others from the spread of COVID-19 do not prevent anyone from taking measures to escape or keep themselves safe from domestic abuse.

INTERNET SAFETY



BE CAREFUL WHAT YOU SHARE To help the public spot false information the UK government is running the SHARE checklist and [Don't Feed The Beast campaign here](#). This gives the public five easy steps to follow to identify whether information may be misleading.

CYBER RESILIENCE The latest [Cyber Resilience Notice](#), along with all previous issues, is available online. This bulletin has details of scams to watch out for. Centred on exploiting COVID-19, these have become prevalent in recent months. It includes advice on steps you can take and sources of guidance and help.



USING VIDEO CONFERENCING The SCIE have created a useful [checklist](#) covering the steps a social worker or practitioner should take to ensure the technology for video calling is ready and appropriate. Organisation The Big Hack have produced a [guide offering the pros and cons of different tools and software](#) and gives tips for better video calls.



ONLINE BLACKMAIL A [resource](#) from the National Crime Agency and CEOP helps learners identify characteristics of blackmail online, understand the impact it can have, and how to access help if they experience it. It is a structured one hour session designed to be delivered by professionals as appropriate. There is also a [section for parents and carers](#) on the [ThinkYouKnow website](#).



SCAM AD ALERT The Advertising Standards Authority has a [new tool for consumers to report scam advertising](#) on social media, search engines and elsewhere online. Cryptocurrency and investment scams are currently the biggest concern, often promising tempting but ultimately unrealistic returns. Find the online reporting form [here](#).



DIGITAL SAFETY The Office of Security Counter Terrorism have produced a resources (attached to this bulletin) emphasising the role of safeguarding and embedding measures to protect against online radicalisation within the context of broader digital safety (such as sexual exploitation or fraud). It is relevant for children, young people and adults at risk of harm.



FIRE SAFETY QUIZ A new online fire safety quiz has been launched by the Scottish Fire and Rescue Service to support people to stay safe at home – and potentially save lives. The [‘Fire Safety in the Home - Self Assessment’ survey](#) asks a series of simple questions and then automatically generates a home fire safety report. People are also encouraged to sign up for a free Home Fire Safety Visit from firefighters who can provide further safety advice, check smoke detectors and fire evacuation plans. Advice or a visit can also be sought through the national phonenumber **0800 731 999** or text ‘fire’ to 80800. [The information is available in British Sign Language](#) along with BSL information on [Fire Safety checks](#). The SFRS have also created [A Carers Guide](#) for supporting fire safety in the home.



WATER SAFETY Following a number of fatalities recently in relation to drowning please look at this video from the [National Centre for Cold Water Safety](#) which covers the major dangers of open water, the effect of cold water shock and most importantly, how to survive it. There is also information on the Scottish Fire & Rescue Website and on our [Facebook](#) and [Twitter](#) pages.



08000 121 700



MODERN SLAVERY Human trafficking victims can be hidden in plain sight. Make sure you know how to [spot the signs of exploitation](#) and report concerns to Police on 101 or the Modern Slavery Helpline on 08000 121 700. The [Unseen App](#) provides a simple guide to recognising the signs of modern slavery and reporting concerns in confidence. The Modern Slavery Police Transformation Programme are offering [online training for all First Responders](#) across the UK that provides knowledge to enable them to effectively identify and refer potential victims of modern slavery to the National Referral Mechanism.

[The Third Annual Progress report](#) of the Trafficking and Exploitation Strategy identified a number of short and longer term aims to tackle this crime and support victims, with a report setting out implementation progress from 2019 to 2020



HATE CRIME Following the launch of the [Hate Crime and Public Order \(Scotland\) Bill](#) there has been considerable public debate about hate crime and claims about what the new Bill will do and will not do. The Scottish Government has published a [blog](#) and [supporting tweets](#) to alleviate possible concerns or misunderstandings about the Bill. They have also published an [Easy Read version](#) of the General Overview Note on their [hate crime webpage](#).



For information on Disability Hate Crime download the [easy read booklet](#) from Fife Adult Support and Protection Committee.

CAPACITY AND CONSENT



Community Care have an interesting article about '[Capacity, consent and sexual relations: how latest case may help social workers navigate challenges.](#)' If you need to talk about these issues with the people you support, take a look at the three Adult Support and Protection Committee resources on [making decisions – what does capacity mean?](#), [sexual consent](#) and [information and medical consent](#).

HUMAN RIGHTS



INCLUSIVE JUSTICE The Equality and Human Rights Commission have launched an inquiry to understand the experiences of disabled defendants and accused people in the criminal justice system. They have made recommendations to UK Governments and the report can be viewed [here](#). It is also available in [British Sign Language](#) and [easy read](#).



SAFER COMMUNITIES AND JUSTICE The Safer Communities & Justice Briefings are available on the [Scottish Government website](#) and provide an overview of Justice and Safer Communities statistics.



ACCESS TO JUSTICE Access to complaints services is an integral part of access to justice. The Scottish Public Services Ombudsmen have [guidance](#) about how public bodies can support vulnerable people to access their complaints procedures.



HUMAN RIGHTS IN CARE HOMES The Scottish Human Rights Commission has published a [briefing on care homes and human rights](#) during COVID-19. It sets out the human rights framework as it applies to the issues that have arisen in care homes, and details the requirements of human rights law to ensure effective investigations are carried out by the state.

The Scottish Social Services Council have created the guide '[Person-centered care during the COVID-19 pandemic: what matters to you](#)' It is a guide for social service workers supporting people at home or in a care home, to be used alongside local policies and procedures.



Alternative Formats

Information about Fife Council can be made available in large print, braille, audio CD/tape and Gaelic on request by calling **03451 55 55 00**



British Sign Language

please text (SMS) 07781 480 185



BT Text Direct:

18001 01592 55 11 91

Language lines

Arabic	خط هاتف اللغة العربية: 03451 55 55 77
Bengali	বাংলায় আলাপ করার জন্য টেলিফোন লাইন: 03451 55 55 99
Cantonese	中文語言熱線電話: 03451 55 55 88
Polish	Polskojęzyczna linia telefoniczna: 03451 55 55 44
Urdu	اُردو زبان کے لیے ٹیلیفون نمبر 03451 55 55 66